

**Amendments to the Specification**

Please replace paragraph 5 beginning on page 4 and ending on page 5 with the following amended paragraph:

The CardioBar human trials focused on the measurement of serum cholesterol, LDL, and HDL cholesterol. The method stated an overnight fasting and method of blood sampling, and methods for measuring serum cholesterol, LDL, and HDL concentrations. The patent utilized methods developed by Haber et al. (The Lancet, Oct. 1, 1997, pp. 679-682) for the measurement of satiety, plasma glucose, and serum insulin. Results relating to plasma glucose and serum insulin are not presented and indeed have not been published. The experimental results indicated that the guar gum present in the CardioBar had no effect on food intake.